

## 3208 Suicide Prevention Policy

1. Maeser recognizes the value of evidence-based practices in lowering the risk for teenage suicide. As such, Maeser implements a multi-pronged approach to suicide prevention, including student instruction, teacher training, and parental notification.
2. Student Instruction
  - a. Students will be taught evidenced-based practices and principles in required and foundational classes (e.g., Classical Foundations, Health, select Winterim courses)
  - b. As part of Maeser's suicide prevention program, students will be taught life-affirming principles, including:
    - i. resiliency;
    - ii. healthy habits;
    - iii. self-care;
    - iv. problem solving;
    - v. conflict resolution;
    - vi. methods of strengthening family relationships; and
    - vii. methods of strengthening a youth's relationships in the school and community.
  - c. Special emphasis will be given to:
    - i. prevention of youth suicide;
    - ii. decreasing the risk of suicide among youth who are bullied or not accepted by family for any reason; and
    - iii. youth suicide intervention.
3. Teacher training
  - a. All Maeser teachers are required to complete annual suicide prevention training, which includes training on evidence-based practices.
  - b. Maeser employees are allowed to ask a student questions related to youth suicide prevention, intervention, and postvention.
4. Notification
  - a. If a Maeser employee learns that a student has expressed suicidal thoughts or ideations, the employee must report the information as soon as practicable to Administration or the School Counselors. School Counselors will subsequently inform Administration.
  - b. Administration or the School Counselor will notify the student's parent or guardian of the situation in a timely manner.
    - i. Maeser will produce and retain a record that the parent or guardian was notified.
    - ii. At the request of a parent or guardian, Maeser may provide information regarding available resources.
  - c. Upon request from a student, Maeser will provide the student a copy of the record maintained in accordance with this policy.

- d. If the student has graduated from high school and requests that the record be expunged, Maeser will expunge the record maintained in accordance with this policy.

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[Utah 53G-9-605](#)

[Utah 53G-9-702](#)

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